



JOHN KRIESEL

MOTIVATIONAL SPEAKER



STILL STANDING. STILL SMILING



John Kriesel's story is one of the most powerful examples of resilience you'll ever bring to your audience. On December 2, 2006, a 200-pound IED in Iraq killed two of his closest friends and left him with life-threatening injuries, including the loss of both legs. He died three times on the operating table before doctors revived him, and he woke up eight days later at Walter Reed Army Medical Center to begin a long, uncertain recovery.

Told he'd likely never walk again; John defied every expectation. Nine months later, he walked out of Walter Reed on prosthetic legs. His comeback—fueled by positivity, humor, and an unshakable support system—has inspired audiences across the country.

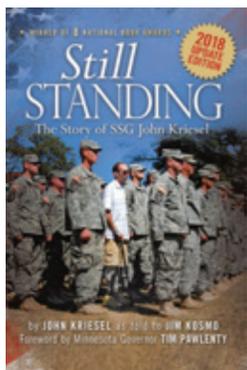
John went on to serve in the Minnesota House of Representatives, and today he is the Director of Veterans Services for a county in the Twin Cities metro, a part-time personality on KFAN Radio, and co-author of the award-winning book *Still Standing*.

Why Event Planners Book John

- Delivers a raw, uplifting message about resilience, gratitude, and choosing joy
- Connects with audiences through authenticity and humor
- His message delivers impact for audiences of every kind—from corporate teams to public employees, schools, and community groups.
- Leaves attendees energized, grounded, and ready to tackle adversity

John Kriesel doesn't just tell a story—he changes the way people see their own.

**"Kriesel is something special.
A gifted communicator..."**



Working with author Jim Kosmo, Kriesel reveals his story in "STILL STANDING: The Story of SSG John Kriesel," winner of eight national book awards.

AVAILABLE AT:



JOHNKRIESEL.COM



**FOR BOOKING INFORMATION CONTACT KAYLA KRIESEL
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"Tremendously inspirational and impactful. John really connects with the attendees - bringing both laughs and tears. Months later, our staff still talk about the incredible impact - and are reminded that "life is good!"

-Robert Donohoe, President and CEO - Texas Medical Liability Trust



"John presented his story to a group of business leaders and Minnesota Wild clients. The audience was completely engaged and inspired. Even weeks later, a attendees are still talking about how authentic and poerful his message was."

-Bryan Bellows, Director of Corporate Partnerships - Minnesota Wild



"John was invited to present to our best customers. His message was deeply inspiring, it provided everyone with a cause, that if implemented has the potential to differentiate their businesses in the sea of sameness."

-Michael Fieblkorn, President - West Central Distributing



"John is an authentic and inspirational speaker with an even better message of perseverance and having a great attitude. Thank you for sharing your message with our team and clients"

-Jana Stangler - Compeer Financial



"John's story had me simultaneously wiping tears from my eyes while smiling and laughing. A truly inspiring reminder that life is to be cherished, life is short, and life is good."

-Darin Mjoen - Thomson Reuters Corporation



PREVIOUS CLIENTS INCLUDE



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For booking information contact:
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Watch sample clips from some of John's presentations on his YouTube channel



youtube.com/c/johnkriesel